

Listen: Humility is truth

By Glenn Currier

I learned early to listen to be successful,
to win friends and influence people.

Then I learned to listen is to love,
to extend yourself for the spiritual growth of others.

I am learning how difficult it is for me,
even though I have practiced it for years.

I have this need to speak and be heard
as if that would make me me.

Even writing poetry is my speaking
my desire to be heard to be listened TO.

I am not a humble man.
Humility is not my manifest character.

I am not even sure I want to be humble.
Will people know my truth if I am silent?

They might know love
and that would be good.

Now it seems my challenge is to listen within
to my body and its truth.

This is a difficult truth for me as I age
and my body's stamina declines.

So again I am invited to humility
to accept the things I cannot change.

Pause and listen.

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