

The thorns in my side I try so hard to hide with humor, cleverness, even kindness but after so long they are well-planted like seeds they've taken root.

I am a man full of grace and gratitude even changes in attitude I float on great waves in my wooden dinghy precarious atop mighty waters and angels visit take me into smooth azure lagoons where I reside in peace even serenity from time to time.

I weep in great sadness occasional fits of despair drowning there I swim up to gulp for air leap and glide into the light breathe mercy in my flight pray for courage and gumption but discover I cannot stay afloat alone so with abandon I dive into bright souls whose hands and hearts reach down to rescue me. Some of them are thorn people too battered, broken, and rugged who've found the courage to change the things they could.

I guess these thorns are there to make me come up for air to give me the zephyr of humility the certainty of a love that save me.

Author's note: This is written for those who are in the grip of one or more addictions.

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