

It's like fishing...

By Glenn Currier

Contemplation is like fishing.
Often my reason fails me
and I cast out into the waters
hoping I can catch that vital energy
feel its power, its resistance, its strength
that is elusive
but I know is there
and those moments of connection
with that mysterious force
give me energy.
I am alive
so I keep castings into the ocean
knowing the elan is there,
the verve that takes me from my mind
to dance, to move, to swerve
in that moment of now.

Author's Note: I bow in gratitude to Brian McLaren and Barbara A. Holmes for their wisdom that inspired this poem and kneel in awe and thanksgiving to all the fish I have caught over the years, for the excitement and nourishment – the life they gave me.

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