

Beware the Dog

By Glenn Currier

Hot dogs and more hot dogs
turned my gut into a bog
so today I move in a slog.

They are so tempting and easy
at the store fatty and greasy
but last night they made me queasy.

Sleep interrupted for a trip to the pot
because I did what I ought not
brought me to kneel at the porcelain spot.

The moral of this story so pitiful
eating easy can make you miserable
so about food: Be a bit more critical!

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Written 12-11-19*