

Equanimity

By Glenn Currier

It is good to be at peace with myself
even with all the scars and baggage.
Today I know I rest safely in the arms of life
like a baby with its mother
whose love is unconditional.

Whatever others might say
about people like me
I am content to just be,
confident on my path
with my choices and beliefs.
This what it is like to simply
be free.

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